

## Psalm 130

### **AWAITING REDEMPTION**

*A song of ascents*

- 1 Out of the depths I call to you, LORD!
- 2 **Lord, listen to my voice;**  
let your ears be attentive  
**to my cry for help.**
- 3 LORD, if you kept an account of iniquities,  
**Lord, who could stand?**
- 4 But with you there is forgiveness,  
**so that you may be revered.**
- 5 I wait for the LORD; I wait  
**and put my hope in his word.**
- 6 I wait for the Lord more than watchmen for the morning —  
**more than watchmen for the morning.**
- 7 Israel, put your hope in the LORD. For there is faithful love with the LORD,  
**and with him is redemption in abundance.**
- 8 And he will redeem Israel  
**from all its iniquities.**

## Jonah 2

### **JONAH'S PRAYER**

- 1 Jonah prayed to the LORD his God from the belly of the fish:
- 2 I called to the LORD in my distress,  
and he answered me.  
I cried out for help from deep inside Sheol;  
you heard my voice.
- 3 When you threw me into the depths,  
into the heart of the seas,  
the current overcame me.  
All your breakers and your billows swept over me.

- 4 And I said, “I have been banished  
from your sight,  
yet I will look once more  
toward your holy temple.”
- 5 The water engulfed me up to the neck;  
the watery depths overcame me;  
seaweed was wrapped around my head.
- 6 I sank to the foundations of the mountains,  
the earth’s gates shut behind me forever!  
Then you raised my life from the Pit, LORD my God!
- 7 As my life was fading away,  
I remembered the LORD,  
and my prayer came to you,  
to your holy temple.
- 8 Those who cherish worthless idols  
abandon their faithful love,
- 9 but as for me, I will sacrifice to you  
with a voice of thanksgiving.  
I will fulfill what I have vowed.  
Salvation belongs to the LORD.
- 10 Then the Lord commanded the fish, and it vomited Jonah onto dry land.